



THE COUNSELOR'S PROFESSIONAL PERSPECTIVE

Volume 11, Issue 4

APRIL 2011



... from the President

I have been spending the last several days thinking about what I could write about this month that would be helpful to you. I finally came to the realization that I can't do that, I can only tell you what has been helpful to Julia and I in our counseling practice.

We always prided ourselves on being on the cutting edge, ahead of the curve, so to speak. We went to Logos and got our Ph.D.'s and as a result we were seen as better counselors and maybe we were because of our constant studying. We counseled couples as a couple. We studied and looked at trends at AACC when there were only a few hundred members and Dr. Gary Collins was its president. We always looked for ways to improve and to add tools which were not only helpful to clients but were also streams of incomes for us, i.e. Prepare/Enrich, Temperament Analysis Profiles, SASSI, and other lesser known tools.

If you will set out on a course to keep growing and stretching and trusting God to give you the tools you need you will say as I do you can't tell other counselors what will help them. However you will be able to help them by sharing with them what has been helpful to you.

May God bless you as you continue to pursue excellence,

Until Next Month
Jack Kelly, GCCA President

**It's Not Too Late To Renew Your
GCCA Memberships For 2011**

www.georgiacca.org

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MAY
GCCA Meeting
Daystar Campus

MAY 9th
10:00 am

302 Old Clay Street
Marietta, Georgia

Topic:
Emotionally Healthy
Leaders

Kevin Daly, M.A.
Broken Chains International
will be the speaker.

We Value Your Support

Please submit articles
and ideas for inclusion
in our GCCA newsletter
to

tstalls@bellsouth.net

by the 15th of each
month

"Man often becomes what he believes himself to be. If I keep on saying to myself that I cannot do a certain thing, it is possible that I may end by really becoming incapable of doing it. On the contrary, if I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning."

~ Mahatma Gandhi



The Georgia Christian Counselors Association (GCCA) announces the opening of its new Northeast Region and initial meeting in May.

In an effort to provide continuing education and networking opportunities to those involved in Christian Counseling or Christian Care Giving, GCCA will begin to hold regular meetings at Meadow Baptist Church, (1446 Calvin Davis Circle, Lawrenceville, GA 30043) beginning at 7:00 pm on May 16th, 2011. Day time meetings are also under consideration.

GCCA is a professional, statewide organization that promotes biblical standards for Christian care givers and provides continuing development on a personal, professional, and business/ministry basis for Christian counselors, pastoral counselors, lay counselors, student/intern counselors, as well as Christians employed in fields such as psychological, psychiatric, medical, hospice, coaching, Chaplaincy, and other clinical and care giving fields.

Regular meetings will feature professional speakers in relevant fields as well as semi-annual conferences where CEUs can be earned. Meetings and conferences offer participants the opportunity to strengthen current skill levels by offering practical tools and resources to assist and train those who are called to be care givers. Opportunities for licensure are also available.

GCCA is incorporated through the state of GA as a 501(c) 3 organization since 1991. In addition to its headquarters in Marietta , the organization is expanding to open two new regions in the Atlanta area, one in the Northeast and the other in the South.

The Northeast Regional Director is Dr. Richard Douglas, D. Min. (770-271-9888). We encourage you to attend this initial meeting to learn more about GCCA and please invite others you think would benefit from this kind of organization.





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"Where there is no guidance the people fall, but in the abundance of counselors there is victory".

Proverbs 11:14



GCCA Monthly Meeting
2nd Monday ~ 10:00 am

GCCA Board

- President – Jack Kelly, Ph.D.
- 1st Vice President – Ray Kiertekles, Ph.D.
- 2nd Vice President – Lori Johnson, M.S.
- Secretary – Barbara Beeler, Ph.D.
- Treasurer – Yvette McBride, M.A.
- Administrative Assistant – Don Coltrane, M.A.
- Communications Director, Terri Stalls
- Director NE Region – Richard Douglas, D.Min.
- Director SW Region – Leon Beeler, D. Min.
- G.B.O.E. Representative – Larry Webb, Ph.D.

 **Earn Money By Helping GCCA Grow**

Couples \$100	You will receive \$50.00
Member \$ 55	You will receive \$27.50
Student \$ 35	You will receive \$17.50

If you invite someone to join GCCA and they do, we want to reward you with 1/2 of their membership dues as a "finders fee".

Think About What You Are Thinking About

I don't know about you, but my mind sometimes wonders to and fro. I mean there are times when I can't even begin to settle my mind for just one minute and focus on my Savior before thoughts of doing laundry, grocery shopping, or whatever seem to be the pressing matters of my life for that particular day. Then there are those thoughts that come flooding in of past hurts and wounds, and I begin to think about what I should have said and then relive the emotional experience of that circumstance. Maybe my counseling business is not where I want it, so I spend time over strategizing, and overextending my thought process.

Well, do you ever think about what you are thinking about? Do you give weight to the bible verse in 2 Corinthians 10:5? "We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ". You have control over your thought life. You can decide what is important and what is not important. You can have dominion over the things that are not of God. A visual for me is like taking a bull-dozer and knocking down those toxic thoughts that lead to sadness, depression and lack of joy.

If you think about what you are thinking about, you can take those thoughts captive and examine them and decide if it is something worth spending time thinking about or not. If not throw it out of your mind and then replace that thought with another. Even in the worst situation when things are truly not good, we can still put our thoughts in perspective and give them over to the word of God for examination.

Philippians 4:8 gives us a tool to examine our thoughts. "Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. Take every thought captive, then submit it to the word of God for examination. You will find that your thoughts will become pleasant and fruitful and the fulfillment of your thought life will soon be abundant.

Yvette McBride, GCCA Treasurer